

# February 1, 2026 CareFirst Formulary Updates

CareFirst BlueCross BlueShield and CareFirst BlueChoice, Inc. (collectively, "CareFirst") is committed to our mission of providing affordable, accessible care to our members. We know that any increases in pharmacy spending have the potential to impact our members by making healthcare less affordable and to affect our valued provider partners by lowering payments. To prevent unnecessary increases, we conduct a quarterly review of our formularies and make changes to encourage utilization of safe and clinically cost-effective drugs.

This document provides a list of formulary changes effective February 1, 2026. It is not inclusive of all formulary changes. You can view a complete list of covered drugs and utilization management programs on our [website](#).

## Positive Changes

These medications will be added to formulary coverage.

Therapeutic Category	Product	Formulary
HIV/PrEP Long-Acting Injectables	APRETUDE	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
	CABENUVA	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
	SUNLENCA	F1, F4 CHART
	TROGARZO	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
	YEZTUGO	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
Long-Acting Contraceptives	KYLEENA IUD	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
	LILETTA IUD	F1, EXCHANGE
	MIRENA IUD	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
	MIUDELLA IUD	F1, EXCHANGE
	NEXPLANON	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
	PARAGARD IUD	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
Substance Use Disorder Long-Acting Injectables	SKYLA IUD	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART, EXCHANGE
	VIVITROL	F1, F2, F3, F3 Choice, F2 CHART, F4 CHART

Brand name drugs are in CAPITAL letters; generic drugs are in lower case.