

Provider Portal (CareFirst Direct) User Guide

for Dental Providers



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Introduction to The Provider Portal (CareFirst Direct)

CareFirst BlueCross BlueShield and CareFirst BlueChoice, Inc. (CareFirst) understands the importance of spending more time with your patients and less time on the phone with insurers.

The Provider Portal (CareFirst Direct) is a convenient online tool available at **www.carefirst.com/carefirstdirect** that gives you fast, efficient access to the information you need.

You can:

- Make inquiries on your own time
- Avoid time-consuming phone calls
- Verify eligibility and benefits
- Check claim status, Estimate of Eligible Benefit Status
- Retrieve your office's fee schedule
- Access Notices of Payment/Remittance

This guide is intended for dental providers registered to use The Provider Portal (CareFirst Direct).

Questions?

For specific claim questions, please contact the appropriate provider service department for assistance. For technical questions, password resets, or to receive Administrator access, contact the CareFirst Help Desk at 877-526-8390.

Accessing and Registering

Registering for The Provider Portal (CareFirst Direct) takes only minutes and saves your office valuable time with your patients. We recommend that you designate one person to complete registrations for the entire practice, and that you set up a Provider Portal (CareFirst Direct) account for each tax identification number (TIN) used in your practice.



You will need your Tax ID and Billing NPI to start. It is important to note that your office's Tax ID and Billing NPI must be on file before you can register. Otherwise, the system will not be able to recognize your information, and you will not be able to proceed. This may be an indicator that we do not have your organizational NPI on file.

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Provider - Create Acc	punt
Step 1 My Organization Step	.2 My Job Step 3 My Info
Medical Providence of the in	Marvland, District of Columbia or Northern Virginia area to register for CareFirst Provider
l ax ID*	assigned number
Billing NP1	10 drift National Brevider (D. (Billing) associated with Tay (D.
Cancel Next	

CareFirst 🔹 🕅
Provider - Create Account
Step 1 My Organization Step 2 My Job Step 3 My Info
Please tell us about your job at Dental Group (Tax ID)
Are you a Practitioner (Doctor, Nurse Practitioner, Dentist, etc.)?
Yes No

Required fields will populate for you to enter your information. If you are a Practitioner, you can type your name in the field. If you are not a Practitioner, you will be asked how you support your organization and which dentist you support.

CareFirst 🔹 🕅
Provider - Create Account
Step 1 My Organization Step 2 My Job Step 3 My Info
Please tell us about your job at Dental Group (Tax ID)
I am a Practitioner (Doctor, Nurse Practitioner, Dentist, etc.)
Please type your name in the below box. After a few characters, results will appear.*
☐ My name is not listed.
Previous Next

Fill out all required fields in Step 3. Your username must contain a minimum of 8 characters and may contain letters and numbers, but no special characters. The email address must be unique to the Tax ID and cannot contain info@, sales@, admin@ or webmaster@.

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Provider - Create Acco	unt
Step 1 My Organization Step 2	My Job Step 3 My Info
First Name*	
Last Name*	
User ID*	Lear ID must contain a minimum of ^o absorptory and may contain lattery and
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Password*	
Confirm Password*	
Email Address*	
email@company.com	Unique email address for this 1 ax ID. Email must not contain info@, sales@, admin@ or webmaster@
Confirm Email Address*	
email@company.com	
Phone Number	Extension
410-123-4567	
Consent for Electronic Communications ⁴ CareFirst BlueCross BlueShield wants to he communications. Instead of paper delivery, y patients by providing your email address and Select the information you would like to r	Ip you manage your communications with us by offering you electronic you can receive emails, text messages and/or mobile calls regarding your CareFirst g/or phone number and consent below. receive: Email Text
Password reset and account verification	
Provider and Physician Administrative Ne	wsletters
Terms Of Use*	e ot the terms of use", you agree to abide by these terms.
You are solely responsible for maintain Previous Next	Inling the confidentiality of your user ID and password.

Follow the rest of the instructions to complete your registration.

You will receive an Account Confirmation message alerting you to check your email to complete the process of updating your account. You will have 24 hours to complete this process.

To receive Administrator access for an account, call the CareFirst Help Desk at 877-526-8390.







The Provider Portal (CareFirst Direct) Home

This is your Home screen. A few things to point out:



User Management

Click on *User Management*, at the top of the CareFirst Direct tab.

Note: Only users who have the Admin role are able to create and manage users within their Tax ID. Users who do not have the Admin role will not have the User Management link. To request Admin access, contact the CareFirst Direct help desk at 877-526-8390, Monday-Friday, 7 a.m.-6 p.m. (Eastern Standard Time).

To create a User

Click on *Add User* and complete the demographic fields. The User will be sent an email confirming their address.

To terminate a User

Click on their username to view the user's profile. In the blue Quick Links sidebar, find Terminate Account and choose it.

To modify a User

Click on their Name to view the user's profile. Demographic information can be edited under User Information; access can be granted by clicking the link View Access in the blue Quick Links sidebar. Access items that apply to dental:

- Eligibility and Benefits
- Claims
- Remittance
- Dental Fee Schedules
- User Administration





View Access gives you the ability to maintain your office's access.

To add access to viewing Fee Schedules and NOPs, click *Add*, next to Dental Fee Schedules, then click *edit permissions*.



If you have comments or questions, we want to help you. For technical support, password resets, or to receive Administrator access, call the CareFirst Help Desk at (877) 526-8390. The CareFirst Help Desk is available Monday–Friday, 7 a.m.–6 p.m. (Eastern Time).

Permissions

Setting your permissions in CareFirst Direct is the second step in accessing our NOP and Fee Schedule functions in the system. User Management allows you to create new users, delete old users, and modify existing users, and *View Access* allows you to grant access to view these functions to your users.

Fee Schedules and Remittance Access

Once the user's status has been modified in *User Management*, the permissions for each user and location must be set as well.

Click *View Access* in the sidebar to the right, under *Quick Links*.

Check off the access being granted to the user. Once the access has been granted, a green check mark will appear in the corresponding Fee Schedules box. A red link will also appear that will allow you to remove that access should the need arise.

If you are a dentist or an office manager and you are updating role for yourself—log out of CareFirst Direct and log back in to refresh your permissions.

If you are a dentist or an office manager and you are updating role for another member of your staff, there is no need to log out and log back in. The User you've changed permissions for can log in and retrieve fee schedules in real time.



My Settings

This section of The Provider Portal (CareFirst Direct) allows you to update your email address (and your email preferences), your security questions, and your password.



Email Address Update	CareFirst 💩 🕅	
Jpdate your email address and confirm, then click <i>Submit</i> .	Velcome testing CareFirst Direct Prior Auth / Notifications Referrals Programs/Services Resources	Help 🐉 User Management 🕼 Settings Log Out
	Change Email	Aug 25, 2017, 10:25 AM
	New Email Information	Quick Links
	Current Email edar, raj@gmail.com Email Address* email@company.com Confirm Email Address* email@company.com Nen you updatesses Cance Submit	My Profile Change Security Questions View Access View Practitioners/Facilities Manage Tax IDs Communication Preferences

Security Questions

The five security questions help protect the confidentiality of your user ID and password.

When you use the *Forgot Password* function, you will be asked to answer two of the questions to confirm your identity.

CareFirst Direct Prior Auth / Notifications Referrals Programs/Services Resources

Change Security Questions		Aug 25, 2017, 10:25 AM
Security Questions		Quick Links
Please answer the five(5) questions below. You mus questions if you want to write your own questions. A Questions	t have unique answers. Feel free to edit the nswers are not case sensitive.	My Profile Change Security Questions
What was your first pet's name? Edit		View Access View Practitioners/Facilities Manage Tax IDs
What is your mother's maiden name? Edit		Communication Preferences
What model was your first car? Edit		
What City were you born? Edit		
Cancel Save		

Password Update

Passwords are case sensitive, and cannot be a recently used password. The password must be between 8 and 20 characters, and must contain 1 upper case letter, 1 lower case letter, and 1 number. It cannot contain your first or last name. You will receive a confirmation message alerting that an email has been sent to the user's verified email account.

Opt into or out of receiving electronic communications: Instead of paper delivery, you can receive emails, text messages and/or mobile calls regarding your portal access by providing consent here.





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Eligibility and Benefits

The Provider Portal (CareFirst Direct) provides detailed eligibility and benefits information for our providers, in real time. When obtaining eligibility or benefits, be sure to have the patient's subscriber ID and patient's date of birth ready.

A few notes:

- If any patient information is incorrect, you will not be able to proceed with eligibility and benefit verification.
- Should any field need clarification, the question mark widgets next to the field will provide additional information.

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eFirst Direct Member Search			
ligibility/Benefits & Claims Status	Remittance / NOP Fee Schedules		
Member Search		Aug 10, 2017, 3:02 PM	News! Check out this new issue of Bluel ink to learn how to update your
			provider information from now on
Find			BlueImpressions Now Available
Member ID*			CAQH Proview Integration with CareFirst Systems Has Begun
ABC123456789			 Colleague, are you available on May 11? Join us at Johns Hopkins Bayview for a refresher seminar
Date of Birth*			 Colleague, did you know that you should verify your patient ID cards at every visit? Learn why in this
mm/dd/yyyy			issue of BlueLink
			Quick Links
Member Status as of			

Search results pull back the option to view either benefits and eligibility or claim status for the member. When you click on either of these radio buttons, the option will appear to save the selected option for future use. Selecting Claim Status will prompt you to enter a date range.

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reFirst Direct 1 Member Search Results		
Eligibility/Benefits & Claims Status Rem	ittance / NOP Fee Schedules	
K Back Member Search Re	sults	Aug 10, 2017, 3:03 PM
You searched for:		
Member ID: ABC123456789	Date Of Birth: 09/25/1999 (18yrs)	Date Of Service: 08/10/2017
Search Results		
I A MENEE	Male 123 ANY	STREET, TOWSON, MD 21086
I would like to see		
Eligibility/Benefits	Claims Status	
Dave		

Here, you will find all the policies associated with that member. You will view a full page of benefit information, including an electronic, downloadable membership identification card, specific to each member and in real-time.

Clicking on any topic in the Benefits toolbar provides a detailed catalog of related dental procedures and provides benefits, limitations, frequencies, and accumulations to date for your patient.

If it's available, you can retrieve the member's ID Card by clicking on the image.

Contract Participation		
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Your results will populate in an easy-to-read format, complete with code-specific benefit details, frequencies, limitations, and age limits (if applicable).

Non-covered codes will not display benefits.

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Back	Dental B	enefit Deta	ils			Sep 13, 2017, 1:06 PM
ou Search	ed For					
enefit Cateç	ory: Dental Car	e (General Benefits)				
👤 Memb				0 (42 yrs) Male		5789
7 De	ental	Group#	Group Name	De	ental Covered	History
	In-N	etwork		Out Of No.		Jental Benefits
Procedure Code					Usage/Last Service	Dental Care (General Benefits) Adjunctive Dental Services Dental Crowns
D0120	when High age of 19 years when Low age of 20 years	0%	\$0 \$0	2 Unit(s) per Service Year 2 Unit(s) per Service Year	2 remaining 2 remaining	Diagnostic Dental Endodontics Maxillofacial Prosthetics Oral Surgery Orthodontics
		0%	\$0	1 Unit(s) per 36 Month(s)	No Claim on File	Periodontics Preventative (Routine) Dental
D0210	when High age of 19 years when Low age of 20 years	0%	\$0	1 Unit(s) per 36 Month(s)	No Claim on File	Prosthodontics Restorative

Clicking on *Dental Covered History* will populate a chart of all dental covered history CareFirst has on file for your patient.

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C Back Dental	Covered Histor	у		Sep 13, 2017, 1:06 PM
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● Member Name	Group# G	DOB: 01/01/1900 (42 yrs)	Male Member I	D: 123456789
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"I would like to" Navigation

You will notice throughout the Eligibility and Benefits search screens you are provided helpful navigation options under the "I would like to" heading. From there, you are able to do the following:

- View Claims for the member you have searched for
- Go directly to the Prior Authorization/Notification page
- Complete a search for a New Member



If you have comments or questions, we want to help you. For technical support, password resets, or to receive Administrator access, call the CareFirst Help Desk at (877) 526-8390. The CareFirst Help Desk is available Monday–Friday, 7 a.m.–6 p.m. (Eastern Time).

Claim Status

The Provider Portal (CareFirst Direct) provides detailed claim status information for our providers, in real-time. When obtaining eligibility or benefits, be sure to have the patient's subscriber ID and patient's date of birth ready.

Under the <i>Eligibility/Benefits</i> & <i>Claims Status</i> tab, select <i>Claims Status</i> .	CareFirst 🔹 🖏 🕡 Welcome CareFirst Direct Prior Auth / Notifications Referrals Programs/Services Resources
	CareFirst Direct Member Search Results Eligibility/Benefits & Claims Status Remittance / NOP Fee Schedules Back Member Search Results Aug 10, 2017, 3.03 PM
	You searched for: Member ID: Date Of Birth: Date Of Service: Search Results Male Male
	Eligibility/Benefits

Selecting <i>Claim Status</i> will prompt you to enter a date range.	CareFirst 🚭 🗑 Welcome Trent	Help 2 User Management Stettingsv Log Out
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	You searched for	
	Member ID: Date Of Birth:	Date Of Service:
	Search Results	
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	I would like to see	
	Eligibility / Benefit Claims Status	
	ate Range *	
	Year to date	
	Back Next	

Search results will populate general claim status and EEB information, including claim number, patient name, date(s) of service, total charge, total paid, and claim status.

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Dental							I would like to
Dental Claims							View Eligibility
							Prior Auth/Notification
Provider Name Provider ID	Date of Service	Total Claim	Claim Number	Claim Status	Patient Account#		
	08/09/2017 -	\$2,800.00		FINALIZED			
	08/09/2017						
Estimate of Eligi	bility Benefit						
	Date of Service	Total Claim	Claim Number	Claim Status	Patient Account#		
Provider Name Provider ID							

Clicking on the claim number will populate more claim/EEB details.



On the Claim Status Summary page, providers can submit claim inquiries via an electronic form, located in the *I would like to...* sidebar to the right of the main screen. Click on *Submit Claim Inquiry*.

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CareFirst Direct Prior Auth / No areFirst Direct Claims Status Resu	tifications Referrals Program	ns/Services Resources		
Eligibility / Benefits & Claims Stat	us Remittance / NOP			
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Dental	DOB :	10 J m ² 44	Member	ID : I would like to View Eligibility
Dental Claim Information Claim Number	DOB : Date of Service B4122017-04122017	Adjust Ind. N	Member	ID : I would like to View Eligibility Prior AuthNtotfications Submit Claim Inquiry
	DOB : Date of Service 04/12/2017-04/12/2017	Adjust Ind. N Adjustication Date 08/21/2017	Member	ID : I would like to View Eligibility Prior AuthNotifications Submit Claim Inquiry New Member Search

A new window will open, displaying the inquiry intake form. The form comes prepopulated with claim-specific information. Required fields include the Inquirer's information, and a description of the inquiry. Clicking Submit will first ask if the user would like to make any corrections before finalizing the inquiry. Clicking Okay submits the form to our Dental Correspondence Unit, who will respond via a phone call, an email address, or an updated NOP within 14 days. You will get an electronic receipt of your submission as well.

Velcome					🕘 Help 🔬	User Management	Settings Log Out
CareFirst Direct	Prior Auth / Notifications	Referrals	Programs/Services	Resources			
▼ Dental Clai	m Inquiry						
Success The Dental Ir	nquiry form has been submitted s	uccessfully.					
hank you for your si dditional informatior	ubmission. If additional informa n about this inquiry.	tion regarding	this inquiry is needed, yo	u will be contacte	ed by phone or ema	il. Please contact the I	Dental Service Center for
	in a copy for your records. You	will need the o	onfirmation number belo	w to follow-up wit	th CareFirst. Please	e include the confirmati	on number of this

Your office can also view EEB status on CareFirst Direct. Using the Year-to-Date Date Range option allows you to view all claims and EEBs submitted for that member to date. Clicking on the EEB Document Control Number (DCN) pulls up a summary of the processed estimate. A downloadable PDF of the EEB is also available



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NOP/Remittance

CareFirst Direct now provides access to view Dental Notices of Payment (NOPs) and Remittances.



Clicking on the Claim Number from this screen takes you to a viewable breakdown of the processing of that claim.

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reFirst Direct Remittance / NO	DP Remittance / 1	OP Results Remit	tance Details				
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# Member Account \$ 1 0		10000	1		\$500.00	\$28.00	\$0.00

Fee Schedules

Before accessing Fee Schedules, you must add access to the Dental Fee Schedules in User Management.

Note: To view Remittance/ Notice of Payment, your Office Administrator will need to provide you with access through User Management or you can request access within Settings > View Access on the Provider Portal Home Page.	CareFirst Direct Prior Auth / Notifications Reformals Programs/Services CareFirst Direct I Eligibility/Benefits & Claims Status Remit: OP Fee Schedules Fee Schedules Image: Select Tax ID from List Image: Select Tax ID from List Image: Select Tax ID from List	Aug 10, 2017, 3.47 PM

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Fee Schedules		Aug 10, 2017, 3:47
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elect your address.	CareFirst 🔹 🕅 Welcome	● Help 🔺 User Management 🖏 Settingsv Log Out
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Select the button for the network for which you're searching. If you are looking for both Traditional and PPO fees, press Ctrl + click on both networks. If you are looking for the DHMO copayment schedule, click on the *DHMO* button.

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Fee Schedule	25 Aug 10, 2017, 1	3:47 PM
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	Preferred / Traditional (Press Ctrl + Click to select up to four) DENTAL - REGIONAL PARTICIPATING PROVIDER NETWORK DENTAL - REGIONAL PREFERRED PROVIDER NETWORK Search By Procedure Code(s)	
	All Procedure Codes Disclaimer The terms and rates in CareFirst Direct are proprietary and confidential and shall not be disclosed, except as may be required law. These are the maximum allowed amounts and are subject to the member banefits, policies and procedures. Amounts ma vary slightly due to rounding. Allowances for injectables are subject to change. * indicates required data Search	l by Y

Select your search type. Choosing the *Procedure Code(s)* option will prompt you to type each CDT code you are looking for.

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CareFirst Direct F	rior Auth / Notifications Referrals Programs/Services Resources	
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Eligibility/Benefits &	Claims Status Remittance / NOP Fee Schedules	
Fee Schedule	25	Aug 10, 2017, 3:47 PM
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Dental	Tax ID - Organization*	
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Click *Search*. Your search results will populate based on your search type.

From this page, you can scroll through your results or Preview as PDF.

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Dental Fee S	chedule Search Re	sults	Aug 10, 2017, 3:47 PM
Medical	Your Searched for		
Dental	Provider Tax ID: Procedure Code: All	Group Location:	
	Search Results		Transaction ID: 271775
	Fee Schedule		View as PDF
	Procedure Code	DENTAL - REGIONAL PARTICIPATING PROVIDER NETWORK	
	D0240	15	
	D0242	15	
	D0243	15	
	D0248	15	
	D0247	15	
	D0249	15	

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