

## Comprehensive Medication Review Program

Designed for members with the highest potential for medication-related issues, the Comprehensive Medication Review (CMR) program provides a dedicated team of pharmacists that work with you and your patients to address the importance of prescription management.

Beginning January 2015, patients will be identified for outreach through referrals by CareFirst care managers and claims analysis. The goal of this program is to lower overall medical spend and improve outcomes through pharmacist interventions aimed to reduce drug-related complications, verify the therapeutic regimen is most appropriate, identify and resolve issues with barriers to adherence and address under/over utilization of medications.

**What this means for you:** If your patients are identified as high-risk, a CVS/caremark<sup>1</sup> pharmacist may contact you or your patients to discuss their drug profile and work with you to reduce drug-related complications.

<sup>1</sup>CVS/caremark is an independent company that provides pharmacy benefit management services to CareFirst.