

QUANTITY LIMIT CRITERIA

DRUG CLASS ANTIHISTAMINES, STEROIDS, COMBINATIONS NASAL
SPRAYS

BRAND NAME
(generic)

ASTEPRO
(azelastine)

(azelastine nasal solution)

BECONASE AQ
(beclomethasone)

(budesonide nasal spray)

DYMISTA
(azelastine / fluticasone)

(flunisolide nasal solution)

(fluticasone propionate nasal spray)

NASONEX
(mometasone)

OMNARIS
(ciclesonide)

PATANASE
(olopatadine)

QNASL
(beclomethasone)

(triamcinolone acetonide nasal spray)

VERAMYST
(fluticasone furoate)

XHANCE

Antihistamine, Steroid, Combination Intranasal Policy

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(fluticasone propionate nasal spray)

**ZETONNA
(ciclesonide)**

Status: CVS Caremark Criteria

Type: Quantity Limit

POLICY

FDA-APPROVED INDICATIONS

Azelastine nasal solution

Azelastine hydrochloride nasal solution (nasal spray) is indicated for the treatment of the symptoms of seasonal allergic rhinitis in adults and pediatric patients 5 years and older, and for the treatment of the symptoms of vasomotor rhinitis in adults and adolescent patients 12 years and older.

Astepro

Astepro Nasal Spray is indicated for the relief of the symptoms of seasonal allergic rhinitis in patients 2 years of age and older and perennial allergic rhinitis in patients 6 months of age and older.

Beconase AQ

Beconase AQ Nasal Spray is indicated for the relief of the symptoms of seasonal or perennial allergic and nonallergic (vasomotor) rhinitis.

Results from 2 clinical trials have shown that significant symptomatic relief was obtained within 3 days. However, symptomatic relief may not occur in some patients for as long as 2 weeks. Beconase AQ Nasal Spray should not be continued beyond 3 weeks in the absence of significant symptomatic improvement. Beconase AQ Nasal Spray should not be used in the presence of untreated localized infection involving the nasal mucosa.

Beconase AQ Nasal Spray is also indicated for the prevention of recurrence of nasal polyps following surgical removal.

Clinical studies have shown that treatment of the symptoms associated with nasal polyps may have to be continued for several weeks or more before a therapeutic result can be fully assessed. Recurrence of symptoms due to polyps can occur after stopping treatment, depending on the severity of the disease.

Budesonide nasal spray

Budesonide Nasal Spray is indicated for the treatment of nasal symptoms of seasonal or perennial allergic rhinitis in adults and children six years of age and older.

Dymista

Dymista nasal spray is indicated for the relief of symptoms of seasonal allergic rhinitis in patients 6 years of age and older who require treatment with both azelastine hydrochloride and fluticasone propionate for symptomatic relief.

Flunisolide nasal solution

Flunisolide Nasal Solution is indicated for the treatment of the nasal symptoms of seasonal or perennial rhinitis. Flunisolide Nasal Solution should not be used in the presence of untreated localized infection involving nasal mucosa.

Fluticasone Propionate nasal spray

Fluticasone propionate nasal spray is indicated for the management of the nasal symptoms of perennial nonallergic rhinitis in adults and pediatric patients aged 4 years and older.

Nasonex

Nasonex Nasal Spray 50 mcg is indicated for the treatment of the nasal symptoms of seasonal allergic and perennial allergic rhinitis, in adults and pediatric patients 2 years of age and older.

Nasonex Nasal Spray 50 mcg is indicated for the relief of nasal congestion associated with seasonal allergic rhinitis, in adults and pediatric patients 2 years of age and older.

Nasonex Nasal Spray 50 mcg is indicated for the prophylaxis of the nasal symptoms of seasonal allergic rhinitis in adult and adolescent patients 12 years and older.

Nasonex Nasal Spray 50 mcg is indicated for the treatment of nasal polyps in patients 18 years of age and older.

Omnaris

Omnaris Nasal Spray is indicated for the treatment of nasal symptoms associated with seasonal allergic rhinitis in adults and children 6 years of age and older.

Omnaris Nasal Spray is indicated for the treatment of nasal symptoms associated with perennial allergic rhinitis in adults and adolescents 12 years of age and older.

Patanase

Patanase Nasal Spray is an H receptor antagonist indicated for the relief of the symptoms of seasonal allergic rhinitis in adults and children 6 years of age and older.

QNASL

QNASL Nasal Aerosol is indicated for the treatment of the nasal symptoms associated with seasonal and perennial allergic rhinitis in patients 4 years of age and older.

Triamcinolone Acetonide nasal spray

Triamcinolone Acetonide Nasal Spray is indicated for the treatment of the nasal symptoms of seasonal and perennial allergic rhinitis in adults and children 2 years of age and older.

Veramyst

Veramyst (fluticasone furoate) Nasal Spray is indicated for the treatment of the symptoms of seasonal and perennial allergic rhinitis in patients aged 2 years and older.

Xhance

Xhance nasal spray is indicated for the treatment of nasal polyps in patients 18 years of age or older.

Zetonna

Zetonna (ciclesonide) Nasal Aerosol is indicated for the treatment of symptoms associated with seasonal and perennial allergic rhinitis in adults and adolescents 12 years of age and older.

REFERENCES

1. Azelastine nasal solution [package insert]. Eatontown, NJ: West-Ward Pharmaceuticals Corp.; October 2016.
2. Astepro [package insert]. Somerset, NJ: Meda Pharmaceuticals; March 2015.
3. Beconase AQ [package insert]. Research Triangle Park, NC: GlaxoSmithKline; September 2015.
4. Budesonide nasal spray [package insert]. Weston, FL: Apotex Corp.; July 2012.
5. Dymista [package insert]. Somerset, NJ: Meda Pharmaceuticals Inc.; June 2015.
6. Flunisolide 25mcg nasal solution [package insert]. Bridgewater, NJ: Bausch + Lomb, a division of Valeant Pharmaceuticals North America LLC; July 2016.
7. Fluticasone Propionate nasal spray [package insert]. Eatontown, NJ: West-Ward Pharmaceuticals Corp.; June 2016.
8. Nasonex [package insert]. Whitehouse Station, NJ: Merck&Co., Inc.; August 2014.
9. Omnaris [package insert]. Marlborough, MA: Sunovion Pharmaceuticals, Inc.; March 2013.
10. Patanase [package insert]. Fort Worth, TX: Alcon Laboratories, Inc.; March 2016.
11. QNASL [package insert]. Horsham, PA: Teva Respiratory, LLC; August 2017.
12. Triamcinolone acetonide nasal spray [package insert]. Bridgewater, NJ: Winthrop U.S. a business of sanofi-aventis U.S. LLC; July 2013.

13. Veramyst [package insert]. Research Triangle Park, NC: GlaxoSmithKline; July 2016.
 14. Xhance [package insert]. Yardley, PA: OptiNose US, Inc; September 2017.
 15. Zetonna [package insert]. Marlborough, MA: Sunovion Pharmaceuticals, Inc.; October 2014.

LIMIT CRITERIA				
Medication*	Maintenance Dose	Maximum Daily Dose	Package Size	1 Month Limit* 3 Months Limit*
Astepro	1 -2 sprays per nostril once-twice daily	8 sprays	200 sprays per 30mL bottle	2 packages (30mL each) / 25 days 6 packages (30mL each) / 75 days
Azelastine nasal solution	1-2 sprays per nostril twice daily	8 sprays	200 sprays per 30mL bottle	2 packages (30mL each) / 25 days 6 packages (30mL each) / 75 days
Beconase AQ	1-2 sprays per nostril twice daily	8 sprays	180 sprays per 25gm bottle	2 packages (25gm each) / 25 days 6 packages (25gm each) / 75 days
Budesonide nasal spray	1-4 sprays per nostril once daily	8 sprays	120 sprays per 8.6gm bottle	2 packages (8.6gm each) / 25 days 6 packages (8.6gm each) / 75 days
Dymista	1 spray per nostril twice daily	4 sprays	120 sprays per 23gm bottle	1 package (23gm) / 25 days 3 packages (23gm each) / 75 days
Flunisolide nasal solution	1-2 sprays per nostril one-three times daily	16 sprays	200 sprays per 25mL bottle	3 packages (25mL each) / 25 days 9 packages (25mL each) / 75 days
Fluticasone Propionate nasal spray	1-2 sprays per nostril once-twice daily	4 sprays	120 sprays per 16gm bottle	1 package (16gm) / 25 days 3 packages (16gm each) / 75 days
Nasonex	1-2 sprays per nostril once-twice daily	8 sprays	120 sprays per 17gm bottle	2 packages (17gm each) / 25 days 6 packages (17gm each) / 75 days
Omnaris	2 sprays per nostril once daily	4 sprays	120 sprays per 12.5gm bottle	1 package (12.5gm) / 25 days 3 packages (12.5gm each) / 75 days
Patanase	1-2 sprays per nostril twice daily	8 sprays	240 sprays per 30.5gm bottle	1 package (30.5gm) / 25 days 3 packages (30.5gm each) / 75 days
QNASL 40mcg	1 spray per nostril once daily	2 sprays	60 sprays per 4.9gm canister 120 sprays per 8.7gm canister	1 package (4.9gm) / 25 days 3 packages (4.9gm each) / 75 days

				2 packages (8.7gm each) / 75 days
QNASL 80mcg	2 sprays per nostril once daily	4 sprays	120 sprays per 8.7gm canister	1 package (8.7gm) / 25 days 3 packages (8.7gm each) / 75 days
Triamcinolone Acetonide nasal spray	1-2 sprays per nostril once daily	4 sprays	120 sprays per 16.5gm bottle	1 package (16.5gm) / 25 days 3 packages (16.5gm each) / 75 days
Veramyst	1-2 sprays per nostril once daily	4 sprays	120 sprays per 10gm bottle	1 package (10gm) / 25 days 3 packages (10gm each) / 75 days
Xhance	1-2 sprays per nostril twice daily	8 sprays	120 sprays per 16mL bottle	2 packages (16mL each) / 25 days 6 packages (16mL each) / 75 days
Zetonna	1 spray per nostril once daily	2 sprays	60 sprays per 6.1gm canister	1 package (6.1gm) / 25 days 3 packages (6.1gm each) / 75 days

**The duration of 25 days is used for a 30-day fill period, and 75 days is used for a 90-day fill period to allow time for refill processing.*

**The limit criteria apply to both brand and generic, if available.*