

PRIOR AUTHORIZATION CRITERIA

DRUG CLASS	HIGH RISK MEDICATIONS (HRM) CRITERIA
<p>Prior Authorization applies only to patients 70 years of age or older.</p>	
<p><u>DESCRIPTION</u></p>	
ANTIARRHYTHMIC	<p>disopyramide disopyramide extended release</p>
ANTIDEPRESSANT	<p>amitriptyline clomipramine doxepin capsules, tablets, solution (<i>applies to greater than 6mg daily</i>) imipramine hydrochloride imipramine pamoate trimipramine</p>
ANTIEMETIC	<p>scopolamine patch</p>
ANTI-HISTAMINE	<p>carbinoxamine maleate clemastine fumarate cyproheptadine hydrochloride hydroxyzine hydrochloride hydroxyzine pamoate promethazine hydrochloride promethazine/phenylephrine</p>
ANTI-INFECTIVE	<p>nitrofurantoin</p>

High Risk Medications (HRM Long List) Policy 698-A 11-2017

CVS Caremark is an independent company that provides pharmacy benefit management services to CareFirst BlueCross BlueShield and CareFirst BlueChoice, Inc. members.

CareFirst BlueCross BlueShield is the shared business name of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc. CareFirst of Maryland, Inc., Group Hospitalization and Medical Services, Inc., CareFirst BlueChoice, Inc., The Dental Network and First Care, Inc. are independent licensees of the Blue Cross and Blue Shield Association. In the District of Columbia and Maryland, CareFirst MedPlus is the business name of First Care, Inc. In Virginia, CareFirst MedPlus is the business name of First Care, Inc. of Maryland (used in VA by: First Care, Inc.). © Registered trademark of the Blue Cross and Blue Shield Association

ANTINEOPLASTIC	megestrol acetate Megace ES oral suspension
ANTIPARKINSON	benztropine mesylate (oral dosage form only) trihexyphenidyl hydrochloride
ANTIPSYCHOTIC- ANTIDEPRESSANT COMBINATION	perphenazine-amitriptyline
BARBITURATE	phenobarbital
BARBITURATE-ANALGESIC	butalbital-apap butalbital-apap-caffeine butalbital-asa-caffeine butalbital-apap-caffeine w/codeine butalbital-asa-caffeine w/codeine
CARDIOVASCULAR	digoxin tablets, oral solution (<i>applies to greater than 0.125mg daily</i>) guanfacine methyldopa, methyldopa/hctz, methyldopate
CNS/ADHD	guanfacine extended release
ESTROGEN (ORAL) (includes combination drugs)	conjugated estrogens conjugated estrogen synthetic A and B conjugated estrogen-medroxyprogesterone esterified estrogens
acetate	estradiol estradiol-drospirenone, estradiol- norethindrone, estradiol-estradiol norgestimate,
estropipate, conjugated	estrogens/bazedoxifene (Duavee)

ESTROGEN (TOPICAL)	estradiol, estradiol-levonorgestrel, estradiol-norethindrone
HYPOGLYCEMIC (ORAL) micronized	glyburide, glyburide-metformin, glyburide

NON-BENZODIAZEPINE SEDATIVE - HYPNOTIC	eszopiclone zaleplon zolpidem immediate-release zolpidem extended-release zolpidem sublingual zolpidem spray
NON-STEROIDAL ANTI-INFLAMMATORY	ketorolac tromethamine tablets
SKELETAL MUSCLE RELAXANT (includes combination drugs)	carisoprodol chlorzoxazone cyclobenzaprine hydrochloride metaxalone methocarbamol orphenadrine citrate extended release orphenadrine/asa/caffeine
VASODILATOR	dipyridamole (oral dosage form only)
Status: CVS Caremark Criteria	MDC-1
Type: Initial Prior Authorization	Ref # 698-A

** Drugs that are listed in the target drug box include both brand and generic and all dosage forms and strengths unless otherwise stated*

POLICY

COVERAGE CRITERIA

The requested drug will be covered with prior authorization when the following criteria are met:

- The American Geriatrics Society identifies the use of this medication as potentially inappropriate in older adults, meaning it is best avoided, prescribed at reduced dosage, or used with caution or carefully monitored. The prescriber must acknowledge that medication benefits outweigh potential risks for this patient.

REFERENCES

1. Barclay, L. New Criteria Define Inappropriate Meds in Older Inpatients. Medscape Medical News (online). June 2011; <http://www.medscape.com/viewarticle/744559>. Accessed November 2017.
2. NCQA.2013. (on line) www.ncqa.org/tabid/1091.Default.aspx. Accessed November 2017.
3. Steven, A., Colombi, A., et al. Potentially Inappropriate Medications and Risk of Hospitalization in Retirees. *Drugs. Aging*.2010 May; 27(5):407-415.
4. Patient Safety Analysis: HRM Measures – Report User Guide. July 2017. Acumen LLC.
5. The American Geriatrics Society 2015 Beers Criteria Update Expert Panel. American Geriatrics Society Updated Beers Criteria for Potentially Inappropriate Medication Use in Older Adults. American Geriatrics Society. 2015.
6. Hanlon, Joseph T, PharmD, MS, Semla, Todd P. MS, PharmD and Schmader, Kenneth E. MD. Alternative Medications for Medications in the Use of High-Risk Medications in the Elderly and Potentially Harmful Drug–Disease Interactions in the Elderly Quality Measures. *Journal of American Geriatrics Society*.2015.
7. AHFS DI (Adult and Pediatric) [database online]. Hudson, OH: Lexi-Comp, Inc.; http://online.lexi.com/lco/action/index/dataset/complete_ashp [available with subscription]. Accessed November 2017.
8. Micromedex Solutions [database online]. Greenwood Village, CO: Truven Health Analytics Inc. Updated periodically. www.micromedexsolutions.com [available with subscription]. Accessed November 2017.