

## SPECIALTY GUIDELINE MANAGEMENT

### PLEGRIDY (peginterferon beta-1a)

#### POLICY

##### I. INDICATIONS

The indications below including FDA-approved indications are considered covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

FDA-Approved Indication: Plegridy is indicated for the treatment of patients with relapsing forms of multiple sclerosis.

All other indications are considered experimental/investigational and are not covered benefit.

##### II. CRITERIA FOR INITIAL APPROVAL

Authorization of 24 months may be granted to members who have been diagnosed with ANY of the following relapsing forms of multiple sclerosis:

- A. progressive-relapsing multiple sclerosis (PRMS)
- B. relapsing-remitting multiple sclerosis (RRMS)
- C. secondary progressive multiple sclerosis (SPMS) with documented relapses

##### III. CONTINUATION OF THERAPY

All members (including new members) requesting authorization for continuation of therapy must meet ALL initial authorization criteria.

##### IV. DOSAGE AND ADMINISTRATION

Approvals may be subject to dosing limits in accordance with FDA-approved labeling, accepted compendia, and/or evidence-based practice guidelines. The following dosing limits apply: 125 mcg every 14 days.

##### V. REFERENCE

1. Plegridy [package insert]. Cambridge, MA: Biogen Idec Inc.; October 2015.