

POLICY Document for SIMPONI ARIA

The overall objective of this policy is to support the appropriate and cost effective use of the medication, specific to use of preferred medication options, lower cost site of care and overall clinically appropriate use. This document provides specific information to each section of the overall policy.

Section 1: Site of Care

- Policy information specific to site of care (outpatient, hospital outpatient, home infusion)

Section 2: Clinical Criteria

- Policy information specific to the clinical appropriateness for the medication

Section 1: Site of Care

GUIDELINES FOR HOSPITAL OUTPATIENT SPECIALTY MEDICATION INFUSION

I. INTRODUCTION

There is a wide variation in the site-of-service utilization patterns for specific medications and therapy classes. This is driven by several factors. Some of these specialty medications are derived from pooled blood plasma, and therefore have the potential for an increased risk of infusion-related complications. These differences can affect patient tolerance and a physician's decision to utilize a more acute site of care such as the outpatient hospital. However, many patients that have been established on this treatment with one to several infusions safely administered may be candidates for infusions in a less acute lower-cost site of care.

Outpatient hospital infusion costs may be 2-3 times more compared to other sites of care suggesting an immediate opportunity exists for lowering spend on select specialty medications that require infusion.

Services for patients requiring infused specialty medications may be provided through a physician's in office infusion program or free standing ambulatory infusion center. These options provide access to quality care at a lower cost that may be more convenient for the patient. In addition, many patients who receive home or in office infusion therapy have been shown to experience better outcomes, fewer complications and, improved quality of life and preference, including more personalized attention which helps avoid stress.

This document describes the medical necessity criteria required for hospital outpatient infusion of the medications included in this policy.

II. GENERAL REQUIREMENTS: OUTPATIENT MEDICAL NECESSITY

Infusion in a hospital outpatient setting may be considered medically necessary for medications included in this policy when the criteria below OR individual medication policy criteria are met as outlined section III.

A. Clinical documentation that supports one or more of the following:

1. History of repeated moderate adverse reactions not responding to conventional interventions OR,
2. Laboratory confirmation of autoantibody development (autoantibodies to IgA, anti-infliximab, etc)
3. The patient is medically unstable which may include respiratory, cardiovascular, or renal conditions that may predispose the member to a severe adverse event that cannot be managed in an alternate setting without appropriate medical personnel and equipment.
4. The patient has previously experienced a severe adverse event during or immediately after an infusion including but not limited to: anaphylaxis, anaphylactoid reactions, myocardial infarction, thromboembolism, or seizures.
5. Significant venous access issues requiring phlebotomy

B. Patient specific criteria that meets the following:

1. All alternate non-hospital outpatient settings are not within a reasonable distance from the member's home (10-30miles) AND,
2. The patient's home has been determined to be inappropriate for home infusion by a social worker, case manager or previous home nurse assessment or home infusion services are not available due to limited network access

III. MEDICATION SPECIFIC CRITERIA FOR HOSPITAL OUTPATIENT MEDICAL NECESSITY

In addition to the general criteria in Section II, the following guidelines will be applied:

A. GOLIMUMAB

One or more of the following criteria must be met:

1. To determine tolerance of the therapy, the first two infusions may be permitted in the hospital outpatient setting.
2. Pediatric patients who are less than 21 years of age. The use of non-hospital based alternate site infusion services are at the discretion of the prescribing physician.
3. Patients who have experienced moderate infusion reactions including hypertension, hypotension, tachycardia, syncope, etc that have not responded to standard interventions including infusion rate adjustment and premedication.

IV. GENERAL CONSIDERATIONS: HOME INFUSION

Home Infusion therapy has the potential to deliver cost-effective, quality care. Efforts to support patients who can receive infused medications care in a lower-cost setting versus an inpatient or clinic-based setting seems appealing, particular if that lower-cost setting is the patient's home.

The home infusion provider will complete an assessment to determine the appropriateness of a patient, caregiver if applicable, and their home prior to initiating care. This assessment may include an evaluation of the following:

- A. Accessibility to 911 services and urgent care. Volunteer services may be acceptable if urgent care is readily available.
- B. Adequate refrigeration is available if required.
- C. Home is not located in a high crime area as determined by local authorities
- D. Home environment does not meet general cleanliness standards determined by onsite home nursing assessment

V. BACKGROUND

Therapeutic monoclonal antibodies are laboratory-engineered substances that recognize and bind to a protein on the surface of a cell. Each mAB recognizes a different protein, or antigen. mAB's may be administered alone, in combination with other drugs, or as a carrier of agents. There are four types of antibodies defined by their source: Murine, chimeric (30:70 ratio of mouse to human sequences), humanized (~90% human sequences) and human. Monoclonal antibodies induce moderate acute infusion reactions in 5-10% of patients. Reactions may occur with any dose of therapy; however, they are more common with the first two doses. The mAB's with the highest risk include murine and chimeric. The humanized and human mAB's carry a lesser risk because they carry fewer non-human components.

Golimumab is a human monoclonal antibody that binds to both soluble and transmembrane bioactive forms of human tumor necrosis factor alfa (TNF alfa; a cytokine protein), resulting in inhibition of TNF alfa biological activity by preventing the binding of TNF alfa to its receptors. Elevated TNF alfa levels may be associated with several chronic inflammatory diseases such as rheumatoid arthritis, psoriatic arthritis, and ankylosing spondylitis as TNF alfa is a mediator of the articular inflammation characteristic of these diseases. The exact mechanism for the action of golimumab in ulcerative colitis is unknown.

Hypersensitivity reactions have been reported, including anaphylaxis, hives, pruritus, dyspnea, and nausea, and may occur after the first dose.

Section 2: Clinical Criteria

SIMPONI ARIA (golimumab)

I. INDICATIONS

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

A. FDA-Approved Indication

1. Moderately to severely active rheumatoid arthritis, in combination with methotrexate

All other indications are considered experimental/investigational and are not a covered benefit.

II. CRITERIA FOR INITIAL APPROVAL

A. Moderately to severely active rheumatoid arthritis (RA)

1. Authorization of 24 months may be granted for members who have received Simponi Aria or any other biologic DMARD or targeted synthetic DMARD (e.g. Xeljanz) indicated for the treatment of moderate to severe RA in a paid claim through a pharmacy or medical benefit in the previous 120 days of the initial request for Simponi Aria. Simponi Aria must be prescribed in combination with methotrexate unless the member has a contraindication or intolerance to methotrexate (see Appendix).
2. Authorization of 24 months may be granted for treatment of moderately to severely active RA when any of the following criteria is met:
 - a. Member has experienced an inadequate response to at least a 3-month trial of methotrexate despite adequate dosing (i.e., titrated to 20 mg/week).
 - b. Member has an intolerance or contraindication to methotrexate (see Appendix).

III. CONTINUATION OF THERAPY

Authorization of 24 months may be granted for all members (including new members) who meet all initial authorization criteria and achieve or maintain positive clinical response after at least 3 months of therapy with Simponi Aria as evidenced by low disease activity or improvement in signs and symptoms of the condition

IV. OTHER

For all indications: Member has a pretreatment tuberculosis (TB) screening with a TB skin test or an interferon gamma release assay (e.g., QFT-GIT, T-SPOT.TB).

Note: Members who have received Simponi Aria or any other biologic DMARD or targeted synthetic DMARD (e.g., Xeljanz) in a paid claim through a pharmacy or medical benefit within the

previous 120 days of the continuation request are exempt from requirements related to TB screening in this Policy.

V. APPENDIX

Examples of Contraindications to Methotrexate

1. Alcoholism, alcoholic liver disease or other chronic liver disease
2. Breastfeeding
3. Blood dyscrasias (e.g., thrombocytopenia, leukopenia, significant anemia)
4. Elevated liver transaminases
5. History of intolerance or adverse event
6. Hypersensitivity
7. Interstitial pneumonitis or clinically significant pulmonary fibrosis
8. Myelodysplasia
9. Pregnancy or planning pregnancy (male or female)
10. Renal impairment
11. Significant drug interaction

REFERENCES:

SECTION 2

1. Simponi Aria [package insert]. Horsham, PA: Janssen Biotech, Inc.; August 2016.
2. Smolen JS, Landewé R, Breedveld FC, et al. EULAR recommendations for the management of rheumatoid arthritis with synthetic and biological disease-modifying antirheumatic drugs: 2013 update. *Ann Rheum Dis.* 2014;73:492-509.
3. Singh JA, Saag KG, Bridges SL Jr, et al. 2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis. *Arthritis Rheumatol.* 2016;68(1)1-26.
4. Saag KG, Teng GG, Patkar NM, et al. American College of Rheumatology 2008 recommendations for the use of nonbiologic and biologic disease-modifying antirheumatic drugs in rheumatoid arthritis. *Arthritis Rheum.* 2008;59(6):762-784.