

## SPECIALTY GUIDELINE MANAGEMENT

### XELJANZ (tofacitinib) XELJANZ XR (tofacitinib extended release tablets)

#### POLICY

##### I. INDICATIONS

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

FDA-Approved Indication

Moderately to severely active rheumatoid arthritis

All other indications are considered experimental/investigational and are not a covered benefit.

##### II. CRITERIA FOR INITIAL APPROVAL

###### A. Moderately to severely active rheumatoid arthritis (RA)

1. Authorization of 24 months may be granted to members who have received Xeljanz, Xeljanz XR or any biologic DMARD indicated for the treatment of moderately to severely active rheumatoid arthritis in a paid claim through a pharmacy or medical benefit within the previous 120 days of the initial request for Xeljanz/Xeljanz XR.
2. Authorization of 24 months may be granted for treatment of moderately to severely active RA when any of the following criteria is met:
  - a. Member has experienced an inadequate response to at least a 3-month trial of methotrexate despite adequate dosing (i.e., titrated to 20 mg/week).
  - b. Member has an intolerance or contraindication to methotrexate (see Appendix).

##### III. CONTINUATION OF THERAPY

Authorization of 24 months may be granted for all members (including new members) who meet all initial authorization criteria and achieve or maintain positive clinical response after at least 3 months of therapy with Xeljanz/Xeljanz XR as evidenced by low disease activity or improvement in signs and symptoms of the condition.

##### IV. OTHER

For all indications: Member has a pretreatment tuberculosis (TB) screening with a TB skin test or an interferon gamma release assay (e.g., QFT-GIT, T-SPOT.TB).

Note: Members who have received Xeljanz, Xeljanz XR or any other biologic DMARD through a pharmacy or medical benefit within the previous 120 days of the continuation request are exempt from requirements related to TB screening in this Policy.

## **V. APPENDIX: Examples of Contraindications to Methotrexate**

1. Alcoholism, alcoholic liver disease or other chronic liver disease
2. Breastfeeding
3. Blood dyscrasias (e.g., thrombocytopenia, leukopenia, significant anemia)
4. Elevated liver transaminases
5. History of intolerance or adverse event
6. Hypersensitivity
7. Interstitial pneumonitis or clinically significant pulmonary fibrosis
8. Myelodysplasia
9. Pregnancy or planning pregnancy (male or female)
10. Renal impairment
11. Significant drug interaction

## **VI. REFERENCES**

1. Xeljanz/Xeljanz XR [package insert]. New York, NY: Pfizer, Inc.; February 2016.
2. Singh JA, Saag KG, Bridges SL Jr, et al. 2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis. *Arthritis Rheumatol*. 2016;68(1):1-26.
3. Smolen JS, Landewé R, Breedveld FC, et al. EULAR recommendations for the management of rheumatoid arthritis with synthetic and biological disease-modifying antirheumatic drugs: 2013 update. *Rheum Dis*. 2014;73:492-509.