

Medical Policy Updates and Effective Dates for February

Our Healthcare Policy department continuously reviews medical policies and operating procedures as new, evidence-based information becomes available regarding advances on new or emerging technologies, as well as current technologies, procedures and services.

The table below is designed to provide updates on changes to existing or new local policies and procedures during our review process. Each local policy or procedure listed includes a brief description of its status, select reporting instructions and effective dates. Policies from non-local accounts, such as NASCO and Federal Employee Program (FEP), may differ from our local determinations. Please verify member eligibility and benefits prior to rendering service through CareFirst on Call ([Professional](#) and [Institutional](#)) or [CareFirst Direct](#).

Note: The effective dates for the policies listed below represent claims with date of service processed on and after that date.

Medical Policy and/or Procedure	Actions, Comments and Reporting Guidelines	Policy Status and Effective Date
1.01.030 RETIRED Dynamic Splinting Systems	Policy to retire and refer to MCG Care Guidelines®. Updated the Description. Updated the Policy Guidelines section. Updated Provider Guidelines section. Report service using appropriate CPT, HCPCS, and ICD code. Updated Cross References to Related Policies and Procedures section. Updated References. Refer to the policy for details.	Policy Revision and Code Update. Will retire. Effective 04/01/2025
2.01.072A Telemedicine (United Communications)	Updated the Benefit Applications section. Report service using appropriate CPT, HCPCS, and ICD code. Refer to the policy for details.	Code Update. Effective 03/01/2025
2.01.088 Skin Substitutes for Treating Chronic Wounds	Report service using appropriate CPT, HCPCS, and ICD code. Refer to the policy for details.	Revision and Code Update. Effective 04/01/2025

PRD1189 (2/25)

CareFirst BlueCross BlueShield is the shared business name of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc. CareFirst BlueCross BlueShield Medicare Advantage is the shared business name of CareFirst Advantage, Inc., CareFirst Advantage PPO, Inc. and CareFirst Advantage DSNP, Inc. CareFirst BlueCross BlueShield Community Health Plan Maryland is the business name of CareFirst Community Partners, Inc. In the District of Columbia and Maryland, CareFirst MedPlus is the business name of First Care, Inc. In Virginia, CareFirst MedPlus is the business name of First Care, Inc. of Maryland (used in VA by: First Care, Inc.). CareFirst of Maryland, Inc., Group Hospitalization and Medical Services, Inc., CareFirst Advantage, Inc., CareFirst Advantage PPO, Inc., CareFirst Advantage DSNP, Inc., CareFirst Community Partners, Inc., CareFirst BlueCross BlueShield Community Health Plan District of Columbia, CareFirst BlueChoice, Inc., First Care, Inc., and The Dental Network, Inc. are independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

7.01.018 Foot Care Services	Updated the Benefit Applications section. Report service using appropriate CPT, HCPCS, and ICD code. Updated References. Refer to the policy for details.	Policy Revision. Effective 04/01/2025
7.01.076 RETIRED Wireless Capsule Endoscopy (Enteral Camera)	Policy to retire and refer to MCG Care Guidelines®. Updated the Description. Updated the Policy section. Updated the Policy Guidelines section. Updated Provider Guidelines section. Report service using appropriate CPT, HCPCS, and ICD code. Updated Cross References to Related Policies and Procedures section. Updated References. Refer to the policy for details.	Periodic Review and Code Update. Will retire, effective 04/01/2025
10.01.003A Preventive Services	Updated the Description. Updated the Benefit Applications section. Updated Provider Guidelines section. Report service using appropriate CPT, HCPCS, and ICD code. Updated Cross References to Related Policies and Procedures. Updated References. Refer to the policy for details.	Periodic Review and Update. Effective 04/01/2025
10.01.0008A RETIRED Surgical Assistants	Updated the Provider Guidelines section. Report service using appropriate CPT, HCPCS, and ICD code. Updated Cross References. Updated References. Refer to the policy for details.	Periodic Review and Update. Will retire, effective 04/01/2025

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