

Pain Management Program

Support for your patients dealing with new or chronic pain

Do you have patients that require pain management support?

We know the impact that new or chronic pain can take on a patient's quality of life. CareFirst's Behavioral Health Care Management Program is designed to improve patient treatment outcomes by providing specialty-trained and licensed health care managers to assist with:

- Supporting patients with new or chronic pain
- Completing an assessment of the patient and working with you to design an action plan based on the results, so care fits their individual needs
- Connecting a patient to appropriate providers and community support services
- Monitoring patient progress against your recommended treatment plan and providing updates
- Providing regular support to address patients' identified needs



Do you have a patient with chronic pain who would benefit?

Referring is easy.
Call 800-245-7013.

Patient Eligibility

Services are available to all CareFirst BlueCross BlueShield patients who have behavioral health benefits through CareFirst.